

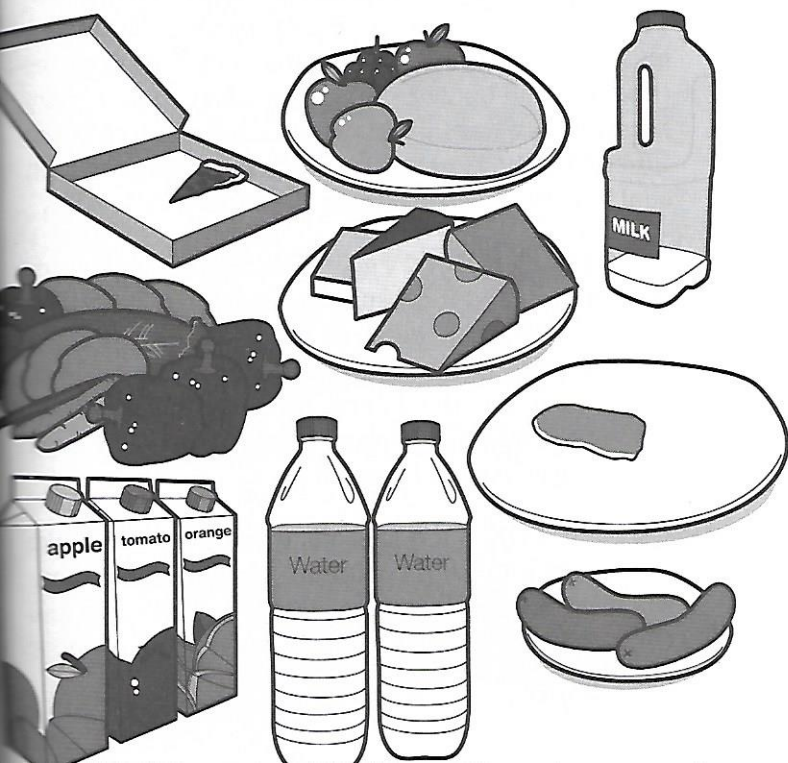
3 Read the questionnaire and complete the questions.

YOU ARE WHAT YOU EAT

What does your fridge say about you?
Do our questionnaire and find out.

- 1 How much convenience food is there?
 some a lot too much
- 2 _____ vegetables _____ there?
 a few some a lot
- 3 _____ fruit _____ there?
 a little some a lot
- 4 _____ cartons of fruit juice _____ there?
 a few some too many
- 5 _____ cheese is there?
 a little some a lot
- 6 _____ milk is there?
 a little some a lot
- 7 _____ melons _____ ?
 1 2 3
- 8 _____ ham _____ ?
 a little some a lot
- 9 H _____ bottles of water _____ ?
 1-2 3-4 5-6
- 10 H _____ sausages _____ ?
 a few a lot too many
- 11 Is your diet very healthy? healthy?
 unhealthy? very unhealthy?

4 Look at Eric's food and tick the correct answers for him in the questionnaire.



5 Choose the correct quantifier and put it in the correct place in the sentence.

- 1 I've got a *very* sweet tooth. Can I have ^{a lot of} sugar in my coffee, please?
a much b a lot of c too much
- 2 Did you buy milk?
a some b a few c many
- 3 How coffee do you drink every day?
a many b much c some
- 4 There are grapes in the fruit bowl – only two.
a a little b a few c too many
- 5 There aren't avocados in the fridge.
a some b any c much
- 6 There is fruit juice for one person.
a too much b too many c a few
- 7 How glasses of water do you drink every day?
a many b much c any

6 Complete the conversation.

- Doctor** Can you tell me about your diet? For example, ¹how much convenience food do you eat?
- Patient** I have two or three pizzas a week and a burger with chips for lunch every day.
- Doctor** That's ²t _____ m _____. What about sweet things? ³H _____ m _____ sugar do you have?
- Patient** I always have four big spoons of sugar in my tea and coffee.
- Doctor** That is ⁴t _____ m _____. Try to have only one spoon. Do you eat a lot of fruit and vegetables?
- Patient** I buy a ⁵f _____ apples and I eat ⁶a l _____ cabbage sometimes.
- Doctor** ⁷H _____ m _____ apples do you eat each week?
- Patient** Two or three.
- Doctor** ⁸H _____ m _____ broccoli do you eat?
- Patient** About a hundred grammes a month.
- Doctor** ⁹H _____ m _____ beer do you drink?
- Patient** I have three or four bottles in the evening when I'm watching TV.
- Doctor** That's between 21 and 28 bottles a week. That's ¹⁰t _____ m _____. I'm afraid you have a very unhealthy diet.
- Patient** What can I do?
- Doctor** Here's ¹¹s _____ diet information. Read it carefully and come and see me again next week.